

2143 Ringwood Avenue • Stockton, CA 95210

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## Professional Experience

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### Health/Parent Educator

Lao Family Community Empowerment Inc., a Non-Profit Organization 2010-Present  
Stockton, CA

- Conducted home visitation services to educate families and children about the importance of maintaining a healthy lifestyle with an emphasis on nutrition and early childhood development
- Carried out effective community outreach methods for recruitment of clients and maintaining of full caseload throughout program year
- Prepared and kept confidential of client files, records, and personal information while compiling and preparing a variety of reports required by the county funders
- Conducted early childhood developmental screenings for children 0-5 years of age; communicated results with parents to identify child needs that may require recommending of services or referring to community resources for additional support
- Organized, prepared, and facilitated presentations to educate community members and various organizations to about the agency's available programs and services
- Designed and facilitated interactive child and parent health and nutrition workshops for purposes of parent engagement in their child's academics

### Mental Health Recovery Outreach Worker

Lao Family Community Empowerment Inc., a Non-Profit Organization 2010-2015  
Stockton, CA

- Worked collaboratively with San Joaquin County Mental Health, San Joaquin County Probation, Human Service Agency and school districts and to provide case management and in-home support services
- Attended, supported and assisted in the transportation of clients with current probation status to required court appearances; acted as family's interpreter when needed
- Counseled, mentored juvenile probations on house arrest/ankle monitor and ensured they are compliant with court mandates
- Assisted San Joaquin County Mental Health Program Manager in facilitation of Competency class for juvenile delinquents
- Assisted clients in finding effective solutions for repayment of restitution, fines, support orders, etc.
- Ensured clients are medication compliant as assigned by clinical supervisor
- Prepare and submit monthly statistical and mental health status of individual caseload
- Kept, organized, and maintained confidentially of client referrals, files, logs, notes, and records
- Conducted outreach and engagement to community members to provide education on mental health stigma and how to access services
- Performed variety of mental health recovery and case management services in the home, school, and field setting
- Worked closely with the mental health youth population while providing effective coaching and counseling services to assist with acquiring of mental health coping strategies and new life skills

- Facilitated Client Family Team Meetings to assist families in developing a Service Support Plan where parents and providers can track recovery progress
- Worked closely with recovering families in finding decent, affordable housing of their choice in the most integrated, independent and least restrictive skills through self- advocacy
- Provided assistance in completing applications, obtaining entitlements, obtaining childcare, and providing transportation to support group meetings, and or food and clothing pantries.

## Education

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2010-Present

California State University Stanislaus – Turlock,  
CA

Master’s of Public Administration (MPA) degree in  
progress

2008-2010

California State University Stanislaus – Turlock,  
CA

\***Bachelor of Arts** in Political Science – GPA:

3.43 Cum laude graduate, made dean's list in  
2009

2006-2008

San Joaquin Delta College – Stockton, CA

Transfer Student – GPA: 3.57

Made dean’s list 2007-2008

## Knowledge, Skills, Abilities, Volunteer Activities

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- Covered CA Certified Enrollment Counselor, Certified as Parents As Teachers (PAT) Educator, Certified in Mental Health First Aid USA, Certified in Applied Suicide Intervention Skills Training (Assist)
- Quickly learn to master new technology; and proficient in a range of computer systems to include Microsoft Word, PowerPoint, Excel, and Outlook
- Strong research, writing, communication, reasoning, and analytical skills
- Equally successful in both team and self-directed settings; excellent time management, interpersonal, teaching, customer service, and listening skills
- Good rapport, awareness and knowledge of different community agencies and resources available in San Joaquin County
- As a graduate research project, provided consultation to Habitat for Humanities of Modesto, CA to redesign its agency awareness survey; presented recommendations and results to the management staff
- While working for Lao Family, took on many volunteer duties to enhance agency capacity; helped developed and revised sponsorship letters to public and private donors; assisted community members with completing Immigration and Citizenship Application process, and other walk-in services